



DUBAI PAIN EXPO 2026

CONFERENCE &
HANDS ON WORKSHOP

Updates in Comprehensive &
Interventional Pain Management

(Spine, MSK injections, Radiofrequency, Cryoneurolysis,
Peripheral Neuromodulation & Spinal Cord Stimulation)

11th & 12th April 2026

- Major Joint Pain
- Spinal Pain
- Neuropathic Pain

- Regenerative Medicine
- Neuromodulation

To Register Scan



• Venue •

Hyatt Regency Dubai Creek Heights Dubai

Register: www.bookcpd.com

Program Day 1

8.00-8.45
8.45-9.00

Registration & Coffee
Introduction

Block 1- Core Topics in Spinal Interventional Pain Management

Moderator: Dr Shravan Tirunagari (UAE)

9:00-9:20



Lumbar Facets & Sacroiliac Joint Applied Anatomy updates- What's New?

Speaker : Dr John Tran (Canada)

9:00-9:20



Management of Lumbar Facetogenic pain & Sacroiliac Joint Pain -How do I do it?
(Diagnostic block and Joint Denervation- Radiofrequency & Cryoneurolysis)

Speaker : Dr Eldon Loh (Canada)

9:50-10:10



Regenerative Medicine (Orthobiologics) in MSK Pain Management- What works & How do I do it?

Speaker : Dr Sharmila Tulpule (UAE)

10:10-10:15

Q & A

10:15-10:45

Coffee Break & Exhibits

BLOCK 2 Major Joint Pain Management- Denervation & Peripheral Neuromodulation

Moderator: Dr Sadiq Bhayani (UAE)

10.45-
11.05



Radiofrequency & Cryoneurolysis How does it work?

Speaker : Dr Sharavan Tirunagari (UAE)

Speaker : Dr Sadiq Bhayani (UAE)

11:05 - 11:25



Knee, Hip & Shoulder Joint Innervations- Applied Anatomy Updates- What's New?

Speaker : Dr John Tran (Canada)

11.25- 11.50



Denervation of Knee, Hip & Shoulder Joint- How do I do it?

(Stepwise approach to Radiofrequency & Cryoneurolysis Denervation of Major Joints)

Speaker : Dr Sadiq Bhayani (UAE)

11.50-12.10



Peripheral Nerve Stimulation- Targets for Upper Limb nerves & Joints
Speaker : Dr Mathew Pingree (USA)

12.10-12.30



Peripheral Nerve Stimulation- Targets for Lower Limb nerves & Joints
Speaker: Dr Mark Hurdle (USA)

12.30- 12.35

Q & A

12.35-13.00

Lunch Break & Exhibits

Block 3 MSK & Spinal Injections- How do I do it?

13.00-
13.30



A run-through of Ultrasound Guided Spinal, Joints & MSK Injections
Speaker: Dr Mark Hurdle (USA)
Speaker: Prof Matthew Pingree (USA)

13.30-
15.00



Live Demonstration of Ultrasound Guided Spinal, Joints & MSK Injections & Targets for Peripheral Nerve Stimulation
Speakers: Dr Sadiq Bhayani (UAE)
Prof. Mark Hurdle (USA)
Prof Matthew Pingree (USA)

BLOCK 4 Neuropathic Pain Management & Neuromodulation

Moderator: Dr Ravi Kare (UAE)

15.00-15.20



Updates in Neuropathic Pain Management- What's New- Case based approach?
Speaker: Dr Jaya Batra (UAE)

15.20-15.40



Neuromodulation for Neuropathic Pain Management- How do I do it?
Speaker: Dr Eric Francois (UAE)

15.40-15.45

Q & A

16.00- 16.30

Coffee Break & Exhibits

Block 5 Headache, Facial Pain & Spasticity Management

Moderator: Dr Jaya Batra (UAE)

16.30-16.50



Headache & Facial Pain- assessment & management- How do I do it?

Speaker: Dr Prit Anand Singh (UAE)

16.50-
17:30



Spasticity- assessment & management- Multidisciplinary & Interventional approach

Speaker- Dr Prince Thakkar (UAE)

Dr Simao Serrano (Portugal)

17.25-17.30

Q & A

17.30

Closure & Instructions for Day 2

Program Day 2

07:45-08:00	Registration & Refreshments
08:00-09:00	Block Replay Session & How to prepare for Ultrasound Certification Examinations? Certification in interventional pain ultrasonography (CIPS Exam)
09:00-10:00	Station 1 (Upper Limb MSK Injections & PNS)
10:00-10:30	Tea/ Coffee Break
10:30-11:30	Station 2 (Lower Limb MSK Injections & PNS)
11:30-12:30	Station 3 (Cervical, Thoracic & Lumbosacral Spinal Injections)
12:30-13:15	Lunch Break
13:15-14:15	Station 4 (Spasticity-Botulinium Toxin & Selective Motor Branch
14:15-15:15	Station 5 (Knee Joint Denervation- Diagnostic block, Radiofrequency & Cyreneurolysis)
15:15-15:30	Tea/ Coffee Break
15:30-16:30	Station 6 (Hip Joint Denervation-Diagnostic block, Radiofrequency & Cyreneurolysis)
16:30-17:30	Station 7 (Block of Your Choice)
17:30-17:45	Feedback and Closure